



Apple Farro Salad

Ingredients

- 3/4 cup Farro, cooked, cooled
- 1/4 cup Arugula
- 1/4 cup Spinach
- 1 oz Celery, sliced thin, bias
- 1/4 each Honeycrisp Apple, cored, thinly sliced
- 1 TBSP Italian parsley, leaves
- 1 TBSP Pecans, toasted
- 1 TBSP Parmesan cheese, shaved
- 2 oz Marzetti® Apple Vinaigrette
- Salt and Pepper, to taste

Marzetti Products



[Marzetti Apple Vinaigrette Dressing 1 Gallon Bottle](#)

Preparation

1. Procedure:

To assemble salad:

1. In a large bowl, combine farro, arugula, spinach, celery, apple, Italian parsley and Marzetti® Apple Vinaigrette. Gently toss to combine.
2. Season with salt and pepper to taste and gently toss again until incorporated.
3. In a bowl, carefully mound salad high in the middle.
4. Garnish the top of salad with toasted pecans, and shaved parmesan cheese.