



Apple Farro Salad

Ingredients

3/4 cup Farro, cooked, cooled
1/4 cup Arugula
1/4 cup Spinach
1 oz Celery, sliced thin, bias
1/4 each Honeycrisp Apple, cored, thinly sliced
1 TBSP Italian parsley, leaves
1 TBSP Pecans, toasted
1 TBSP Parmesan cheese, shaved
2 oz Marzetti® Apple Vinaigrette
Salt and Pepper, to taste

Preparation

1. Procedure:

To assemble salad:

1. In a large bowl, combine farro, arugula, spinach, celery, apple, Italian parsley and Marzetti® Apple Vinaigrette. Gently toss to combine.
2. Season with salt and pepper to taste and gently toss again until incorporated.
3. In a bowl, carefully mound salad high in the middle.
4. Garnish the top of salad with toasted pecans, and shaved parmesan cheese.