

Apple Farro Salad

Ingredients

3/4 cup Farro, cooked, cooled

1/4 cup Arugula

1/4 cup Spinach

1 oz Celery, sliced thin, bias

¼ each Honeycrisp Apple, cored, thinly sliced

1 TBSP Italian parsley, leaves

1 TBSP Pecans, toasted

1 TBSP Parmesan cheese, shaved

2 oz Marzetti® Apple Vinaigrette

Salt and Pepper, to taste

Preparation

1. **Procedure:**

   To assemble salad:

   1. In a large bowl, combine farro, arugula, spinach, celery, apple, Italian parsley and Marzetti® Apple Vinaigrette. Gently toss to combine.
   2. Season with salt and pepper to taste and gently toss again until incorporated.
   3. In a bowl, carefully mound salad high in the middle.
   4. Garnish the top of salad with toasted pecans, and shaved parmesan cheese.

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