



# Apple Farro Salad

## Ingredients

3/4 cup Farro, cooked, cooled  
1/4 cup Arugula  
1/4 cup Spinach  
1 oz Celery, sliced thin, bias  
1/4 each Honeycrisp Apple, cored, thinly sliced  
1 TBSP Italian parsley, leaves  
1 TBSP Pecans, toasted  
1 TBSP Parmesan cheese, shaved  
2 oz Marzetti® Apple Vinaigrette  
Salt and Pepper, to taste

## Preparation

### 1. Procedure:

#### To assemble salad:

1. In a large bowl, combine farro, arugula, spinach, celery, apple, Italian parsley and Marzetti® Apple Vinaigrette. Gently toss to combine.
2. Season with salt and pepper to taste and gently toss again until incorporated.
3. In a bowl, carefully mound salad high in the middle.
4. Garnish the top of salad with toasted pecans, and shaved parmesan cheese.

## Marzetti Products



[Marzetti Apple Vinaigrette Dressing 1 Gallon Bottle](#)