



Pack Size: 20 Product: #4130831013

# Marzetti Frozen Pasta Precooked Twisted Elbows w/Whole Grain



Our twisted elbow pasta is made with 51% whole wheat flour that contains fiber, nutrients and whole grains for a healthy lifestyle. Starting with the original frozen egg noodle, Marzetti Frozen Pasta® now offers a wide variety of precooked pastas that save time and labor in foodservice kitchens.

## Product Specs

**Product Preparation:** For best results, add frozen pasta to boiling water, stirring with fork to separate, for 30 to 60 seconds. Or run under hot tap water until thawed. Drain. If using in cold salad follow with cold water rinse.

**Case GTIN** 10041308310139

**Shelf Life** 450

**Storage** Keep Frozen

**Case Weight** 20.778

**Case Cube** 0.736

**Pallet TI x HI** 15 x 5

**Cases per Pallet** 75

**Case Dimensions (LxWxH)** 12.812" x 9.562" x 10.375"

## Ingredients

WATER, WHOLE WHEAT DURUM FLOUR, ENRICHED DURUM SEMOLINA AND DURUM WHEAT FLOUR (DURUM WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID).

## Allergen Statement

CONTAINS: WHEAT

## Operator Benefits

- Quick prep time (30-60 seconds)
- Saves on time and labor cost
- Easy menu extensions
- Consistently al dente results
- K-12 Friendly
- Prep only what is needed
- Little or no wasted product

## Nutrition Facts

Serving Size 1 cup (140g)

Amount Per Serving

**Calories** 200

% Daily Value

**Total Fat** 1.5g 2%

Saturated Fat 0g 0%

*Trans* Fat g

**Cholesterol** 0mg 0%

**Sodium** 15mg 1%

**Total Carbohydrate** 42g 15%

Dietary Fiber 7g 24%

Total Sugars 0g

Includes g Added Sugars 0%

**Protein** 9g

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 2.4mg 15%

Potassium 0mg 0%

The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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The information shown here may vary from the information on product currently in distribution. Keep in mind that ingredients, formulas, and labeling regulations may change, so nutrition information may also change. For the most accurate information for a particular product, please refer to the nutrition and ingredient information on the product package.

