



Pack Size: 6/3 lb Product: #4130822005

# Marzetti Frozen Pasta Southern Style Flat Dumpling with Pepper



Made with enriched flour, whole egg, and black pepper, Southern Style dumplings are flat, rectangular pieces of dough ready to create something comforting. Starting with the original frozen egg noodle, Marzetti Frozen Pasta® now offers a wide variety of precooked pastas that save time and labor in foodservice kitchens.

## Product Specs

**Product Preparation:** 1. Bring 3-4 quarts salted (optional) water or broth to a boil. 2. Place frozen dumplings in boiling liquid; stir dumplings to separate, return to boil. 3. Reduce heat; simmer uncovered for 3-5 minutes or to desired tenderness, stirring occasionally. 4. Drain and rinse. For Soups & Stews: Cook dumplings in broth for the same length of time. Omit salt.

**Case GTIN** 10041308220056

**Shelf Life** 450

**Storage** Keep Frozen

**Case Weight** 18.796

**Case Cube** 0.785

**Pallet TI x HI** 16 x 6

**Cases per Pallet** 96

**Case Dimensions (LxWxH)** 12.437" x 9.187" x 11.875"

## Ingredients

WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, SALT, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, SPICE, OLEORESIN TURMERIC, NATURAL FLAVOR.

## Allergen Statement

CONTAINS: WHEAT, EGG

## Operator Benefits

- Old fashioned homemade appearance
- Quick prep time (3-5 minutes)
- Prep only what is needed
- Little or no wasted product
- Saves on labor cost
- Easy menu extensions
- Consistently al dente results

## Nutrition Facts

Serving Size 1 cup (140g)

Amount Per Serving

**Calories** 190

% Daily Value

**Total Fat** 1.5g 2%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 25mg 8%

**Sodium** 630mg 27%

**Total Carbohydrate** 38g 14%

Dietary Fiber 1g 4%

Total Sugars 1g

Includes 0g Added Sugars 0%

**Protein** 6g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 2.3mg 15%

Potassium 0mg 0%

The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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The information shown here may vary from the information on product currently in distribution. Keep in mind that ingredients, formulas, and labeling regulations may change, so nutrition information may also change. For the most accurate information for a particular product, please refer to the nutrition and ingredient information on the product package.

