



Pack Size: 6/3 lb Product: #4130822005

Marzetti Frozen Pasta Southern Style Flat Dumpling with Pepper



Made with enriched flour, whole egg, and black pepper, Southern Style dumplings are flat, rectangular pieces of dough ready to create something comforting. Starting with the original frozen egg noodle, Marzetti Frozen Pasta® now offers a wide variety of precooked pastas that save time and labor in foodservice kitchens.

Product Specs

Product Preparation: 1. Bring 3-4 quarts salted (optional) water or broth to a boil. 2. Place frozen dumplings in boiling liquid; stir dumplings to separate, return to boil. 3. Reduce heat; simmer uncovered for 3-5 minutes or to desired tenderness, stirring occasionally. 4. Drain and rinse. For Soups & Stews: Cook dumplings in broth for the same length of time. Omit salt.

Case GTIN 10041308220056

Shelf Life 450

Storage Keep Frozen

Case Weight 18.796

Case Cube 0.785

Pallet TI x HI 16 x 6

Cases per Pallet 96

Case Dimensions (LxWxH) 12.437" x 9.187" x 11.875"

Ingredients

WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, SALT, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, SPICE, OLEORESIN TURMERIC, NATURAL FLAVOR.

Allergen Statement

CONTAINS: WHEAT, EGG

Operator Benefits

- Old fashioned homemade appearance
- Quick prep time (3-5 minutes)
- Prep only what is needed
- Little or no wasted product
- Saves on labor cost
- Easy menu extensions
- Consistently al dente results

Nutrition Facts

Serving Size	1 cup (140g)	
Amount Per Serving		
Calories	190	
	% Daily Value	
Total Fat	1.5g	2%
Saturated Fat	0g	0%
Trans Fat	g	
Cholesterol	25mg	8%
Sodium	630mg	27%
Total Carbohydrate	38g	14%
Dietary Fiber	1g	4%
Total Sugars	1g	
Includes g Added Sugars		0%
Protein	6g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	2.3mg	15%
Potassium	0mg	0%

The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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The information shown here may vary from the information on product currently in distribution. Keep in mind that ingredients, formulas, and labeling regulations may change, so nutrition information may also change. For the most accurate information for a particular product, please refer to the nutrition and ingredient information on the product package.

